

Grades 10 - 12 (continued)

[Made You Up](#)

[By Francesca Zappia](#)

Schizophrenia

Armed with her camera and Magic 8-Ball, Alex wages a war against her schizophrenia, determined to stay well long enough to get into college.

YA ZAPPIA, eBook



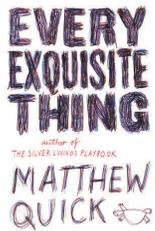
[Every Exquisite Thing](#)

[By Matthew Quick](#)

Anxiety, Depression

Nanette discovers that choosing not to be perfect improves her state of mind, but she must find a happy medium before she goes too far off the rails.

YA QUICK, eBook



[Eliza and her Monsters](#)

[By Francesca Zappia](#)

Social Anxiety, Depression

When the anonymous teen creator of a popular webcomic is tempted to pursue a real-world relationship, everything she has worked so hard to build crumbles in its wake.

YA ZAPPIA, eBook



[Saving Francesca](#)

[By Melina Marchetta](#)

Parents with Depression

Francesca could use her mother's help with the problems of being one of a handful of girls at a private school that has just turned co-ed, but her mother has suddenly become severely depressed.

YA MARCHETTA



Grades 10 - 12 (continued)

[Last Night I Sang to the Monster](#)

[By Benjamin Alire Sáenz](#)

Alcoholism, Addiction/Recovery
Eighteen-year-old Zach does not remember how he came to be in a treatment center for alcoholics, but through therapy and caring friends, his amnesia fades and he learns to face his past while working toward a better future.

eBook Only



[Love Letters to the Dead](#)

[By Ava Dellaira](#)

Depression

When Laurel starts writing letters to dead people for a school assignment, she begins to spill about her sister's mysterious death, her mother's departure from the family, her new friends, and her first love.

YA DELLAIRA, eBook



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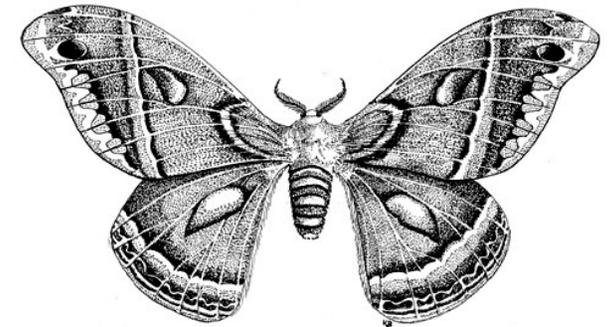
June 2017

Our books vary in content and maturity level. While we invite all of our readers to check out all of our books, parents and/or guardians with concerns about content have the responsibility to determine their own children's access to library resources.

Fiction Novels

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Mental Health

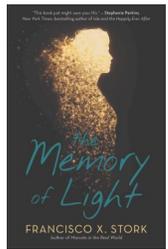


Grades 7 - 9



[How it Feels to Fly](#) By Kathryn Holmes

Body Image, Low Self-Esteem
For as long as Samantha can remember, she's wanted to be a dancer. But she's suffers from anxiety about her appearance, which threatens to crush her dreams entirely.
YA HOLMES



[The Memory of Light](#) By Francisco X. Stork

Depression, Opening up to Family, Cultural Stigmas
When Victoria Cruz wakes up in the psych ward after her failed suicide attempt she begins to reflect on the reasons why she feels like a loser compared with the rest of her family, and sees a new path ahead.
YA STORK

Grades 10 - 12

[Every Last Word](#) By Tamara Ireland Stone

Obsessive Compulsive Disorder
Samantha looks just like the rest of the popular girls in her class. But hidden beneath the straightened hair and expertly applied makeup is a secret that her friends would never understand: Sam has OCD and is consumed by a stream of dark thoughts and worries that she can't turn off.
eBook, Audio Download only

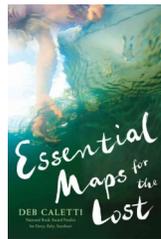


Grades 10 - 12 (continued)



[All the Bright Places](#) By Jennifer Niven

Depression, Bipolar Disorder
When Theodore Finch and Violet Markey meet on the ledge of the bell tower at school--both teetering on the edge--it's the beginning of an unlikely relationship.
YA NIVEN, eBook, Audiobook



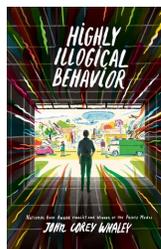
[Essential Maps for the Lost](#) By Deb Caletti

Depression, Parents with Mental Illnesses
When Mads discovers a dead body while she's swimming in the lake, she begins to obsess over who the woman was and what led her to commit suicide.
YA CALETTI, eBook



[Finding Audrey](#) By Sophie Kinsella

Social Anxiety Disorder
Audrey is making slow but steady progress dealing with her anxiety disorder when Linus comes into the picture and her recovery gains momentum.
YA KINSELLA, eBook



[Highly Illogical Behavior](#) By John Corey Whaley

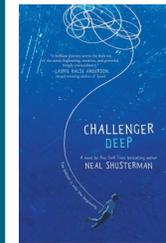
Agoraphobia, Panic Attacks
Solomon has not left his house in three years, but Lisa is determined to change that--and to write a scholarship-winning essay based on the results.
YA WHALEY, eBook, Audiobook

Grades 10 - 12 (continued)



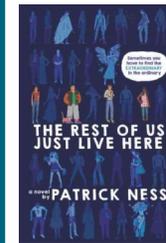
[When We Collided](#) By Emery Lord

Bipolar Disorder, Depression
Can Jonah save his family restaurant from ruin, his mother from her sadness, and his danger-seeking girlfriend Vivi from herself?
YA LORD, eBook



[Challenger Deep](#) By Neal Shusterman

Schizophrenia
A brilliant but troubled high school student uses his artistic talents to document his voyage to the world's most southern point while his friends observe his increasingly unbalanced behavior.
YA SHUSTERMAN, eBook, Audiobook



[The Rest of Us Just Live Here](#) By Patrick Ness

*Anxiety, OCD, Anorexia, *
Because sometimes there are problems bigger than this week's end of the world, and sometimes you just have to find the extraordinary in your ordinary life.
YA NESS, eBook, Playaway



[Fangirl](#) By Rainbow Rowell

Anxiety, Parents with Mental Illness
Anxiety is a constant hum inside Cath's head, except when she's in her safest space: the world of Simon Snow fanfiction.
YA ROWELL, eBook, Audiobook